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Question: 690

When addressing the need for safety in a patient care environment, which of the following practices is essential to minimize the risk of falls among patients?

- A. Keeping walking paths clear of obstacles at all times.
- B. Leaving bed rails down to promote independence.
- C. Allowing patients to walk unassisted whenever possible.
- D. Only monitoring patients during scheduled rounds.

Answer: A

Explanation: Keeping walking paths clear minimizes hazards and helps prevent falls, which is crucial in ensuring patient safety in care environments.

Question: 691

You are caring for an elderly patient who requires assistance with personal care activities. In developing a care plan, which of the following considerations is most crucial for promoting the patient's dignity and independence?

- A. Performing all personal care tasks without patient input
- B. Allowing the patient to make choices about their personal care routines
- C. Rushing through personal care to adhere to time constraints
- D. Using a standardized approach to personal care for all patients

Answer: B

Explanation: Encouraging patient choice in personal care routines is vital for promoting dignity and independence, allowing them to feel empowered in their care.

Question: 692

You are explaining to a colleague the importance of maintaining sterility during specimen collection. Which of the following scenarios illustrates a breach of this principle?

- A. The swab is collected without touching any surfaces
- B. The use of non-sterile gloves during collection
- C. The specimen container is sealed immediately after collection
- D. The healthcare worker washes hands before and after the procedure

Answer: B

Explanation: Using non-sterile gloves can introduce contaminants into the specimen, compromising its integrity and potentially affecting laboratory results.

Question: 693

Which of the following choices is needed to communicate with a completely deaf resident?

- A. Pen and paper
- B. A loud voice
- C. Reduced noise
- D. B) loud voice

Answer: A

Explanation: When someone is completely deaf (hearing no sound), the only form of communication from the offered options might be lip reading or pen and paper. Communicating with an amplified phone system (A), a loud voice (B), or in a reduced noise environment (C) are good forms of communication for someone who is not completely deaf, but has a percentage of deafness.

Question: 694

When assessing dietary intake for a patient with chronic obstructive pulmonary disease (COPD), which nutrient should be emphasized to support energy levels while minimizing respiratory distress?

- A. High-fat, low-carbohydrate diets
- B. Low-protein foods
- C. High-carbohydrate foods
- D. High-fiber foods

Answer: A

Explanation: A high-fat, low-carbohydrate diet can provide adequate energy while minimizing carbon dioxide production during metabolism, which is beneficial for patients with COPD.

Question: 695

Which of the following is a recommended practice for ensuring accurate temperature measurement in a patient who is suspected of having a fever?

- A. Measure immediately after patient has been active
- B. Use the same thermometer for all patients without cleaning
- C. Wait at least 30 minutes after a bath before measurement
- D. Take the temperature at the patient's convenience

Answer: C

Explanation: It is recommended to wait at least 30 minutes after a bath before measuring temperature to avoid inaccuracies due to external factors influencing body temperature.

Question: 696

Which of the following is true regarding the residents phone rights?

- A. Telephones are provided to each resident.
- B. Resident access is provided during daytime hours only.
- C. Telephones can be used under supervision.
- D. Access to phones and privacy is provided to each resident.

Answer: D

Explanation: The resident has a right to access phones and privacy to make phone calls as requested.

Although the resident has a right to phone access, having a phone for each resident is not part of the resident's rights (A).

Telephone use

under supervision only (C) and phone access during daytime hours only (D) restrict the resident's right to phone use.

Question: 697

When preparing to collect a throat culture, which of the following should be included in the nurse assistant's pre-collection checklist?

- A. Verify the patient's identity and confirm the need for the culture
- B. Gather a sterile swab and culture medium
- C. Ensure that the patient has not taken antibiotics recently
- D. All of the above

Answer: D

Explanation: All of these actions are essential to ensure the accuracy of the throat culture and to prepare adequately for the procedure.

Question: 698

Which of the following is a true statement regarding religious beliefs?

- A. Employees are to impose their religious beliefs on the residents.
- B. Employees are never to discuss religious beliefs with residents.
- C. Residents have a right to practice their own religious beliefs.
- D. Family members are responsible to bring the religious leaders in to speak to the

Answer: C

Explanation: According to the Resident's Bill of Rights, the resident is to be able to practice his or her

beliefs. The resident, not the family, has the right to request the facility to contact a religious leader who will contact the resident (D). Employees who impose their religious beliefs (A) or discuss religious beliefs with the residents (B) are both a violation of the resident's rights.

Question: 699

For a patient undergoing chemotherapy, which dietary consideration is crucial to address potential side effects such as nausea and taste alterations?

- A. Encourage high-protein snacks between meals.
- B. Offer bland foods with strong flavors.
- C. Limit fluid intake to reduce nausea.
- D. Suggest small, frequent meals with appealing textures and temperatures.

Answer: D

Explanation: Small, frequent meals that are visually appealing and at preferred temperatures can help combat nausea and taste changes associated with chemotherapy.

Question: 700

A resident with a history of anxiety is experiencing an acute panic attack. What is the most appropriate immediate nursing intervention?

- A. Remain with the resident and provide reassurance
- B. Encourage the resident to leave the area
- C. Suggest the use of medication to calm down
- D. Document the episode for future reference

Answer: A

Explanation: Remaining with the resident and providing reassurance is crucial to help them feel safe and supported during a panic attack.

Question: 701

Which of the following is the appropriate response of the nursing assistant when a resident complains of dysuria?

- A. Report the complaint to the nurse as soon as possible.
- B. Tell the nurse during the end of shift report.
- C. Offer the resident cranberry juice with a meal.
- D. Encourage the resident to drink more water.

Answer: A

Explanation: Dysuria is the term used to describe painful urination. Dysuria can be caused by infection or obstruction. Telling the nurse during the end of shift report (B) is incorrect because pain should always be reported as soon as possible.

Encouraging the resident to drink more water (A) and offering the resident cranberry juice with a meal (C) are related to the care of a urinary tract infection, but that determination is made by the physician.

Question: 702

In the context of infection control, which of the following actions is most effective in preventing the transmission of pathogens in a healthcare environment?

- A. Performing hand hygiene before and after patient contact, and ensuring surfaces are regularly disinfected.
- B. Using hand sanitizer only when gloves are not available.
- C. Wearing gloves at all times, regardless of the procedure.
- D. Relying on air purifiers to eliminate pathogens from the environment.

Answer: A

Explanation: Proper hand hygiene before and after patient contact, along with regular disinfection of surfaces, is critical in preventing the transmission of pathogens in healthcare settings.

Question: 703

Select the appropriate equipment to use when giving mouth care to an unconscious resident.

- A. Toothbrush
- B. Soft Toothette
- C. Mouthwash
- D. Toothpaste

Answer: B

Explanation: Soft Toothettes are used with an unconscious resident to lessen the chance of aspiration of fluid and toothpaste into the lungs. Toothbrush (A) and toothpaste (B) are used with the conscious resident or with the cleaning of dentures.

Mouthwash is harsh and might be aspirated (C).

Question: 704

In a scenario where a practical nurse is assisting a physician with a physical examination of an elderly patient, what is the most critical consideration regarding the patient's positioning and comfort?

- A. Provide ample support and cushioning to prevent discomfort
- B. The patient should remain in one position throughout the exam
- C. Ensure the patient is positioned on a hard surface for stability

D. Use restraints to keep the patient still

Answer: A

Explanation: Providing support and cushioning is crucial for the comfort of elderly patients, who may have mobility issues or pain in certain positions.

Question: 705

A resident has just been told of a family member's death. The best way to help the resident deal with the death is by which of the following actions?

- A. Assuring him or her that everyone eventually dies
- B. Allowing him or her to grieve alone
- C. Staying with the resident and encouraging him or her to talk
- D. Sharing with him or her that the family member is in a better place

Answer: C

Explanation: Sitting quietly with the resident and listening when he or she wants to share something about the loved one is the best source of comfort. Answers A, B, and D do not allow the resident to feel free to talk about the loved one.

Question: 706

When considering the prevention of pathogen transmission, which of the following practices is essential for maintaining a sterile environment during a dressing change?

- A. Using sterile gloves only if the wound appears infected.
- B. Relying on the patient to keep the wound clean.
- C. Covering the wound with a non-sterile bandage to promote airflow.
- D. Performing hand hygiene before and after the procedure and using sterile equipment.

Answer: D

Explanation: Performing hand hygiene and using sterile equipment are essential practices to maintain a sterile environment during dressing changes, minimizing the risk of infection.

Question: 707

A resident with a history of diabetes is found to have a foot ulcer. What is the most critical nursing intervention to prevent further complications?

- A. Encourage the resident to wear open-toed shoes
- B. Assess the ulcer for signs of infection daily
- C. Teach the resident to monitor blood glucose levels regularly
- D. Apply a topical antibiotic ointment to the ulcer

Answer: C

Explanation: Teaching the resident to monitor blood glucose levels is critical in managing diabetes and preventing further complications, including poor wound healing and infections.

Question: 708

All of the following are examples of the Patients Bill of Rights except the right to which of the following?

- A. Privacy and dignity
- B. Confidentially
- C. Low-cost care
- D. Accept or refuse treatment

Answer: C

Explanation: A, B, and D are all included in the Patient's Bill of Rights.

Question: 709

In the case of a patient with obesity requiring a calorie-restricted diet, which approach should the nurse advise to ensure effective weight loss without compromising nutritional adequacy?

- A. Focus on portion control and balanced meals
- B. Eliminate all carbohydrates from the diet
- C. Rely solely on meal replacement shakes
- D. Encourage fasting for extended periods

Answer: A

Explanation: Focusing on portion control and balanced meals allows for weight loss while providing necessary nutrients, making it a sustainable approach to obesity management.

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